

Training Requirements

- Police Academy – 560 hours – Graduation is required for Flossmoor Police Department.
- 12-week Field Training Program
- Implicit bias training
- Between 8 and 40 hours of mental health training

Illinois Law Enforcement Training and Standards Board – July 1, 2022 Mandates

Annual Trainings:

- Crisis intervention training
- Emergency medical response training and certification
- Law updates
- Officer wellness and mental health
- Firearms Restraining Order Act (Certificate Required)
- Firearms qualification

Every 3 years:

- Sexual assault/trauma informed response
- constitutional and proper use of law enforcement authority
- cultural competency
- civil rights
- procedural justice
- reporting child abuse and neglect
- Minimum of 12-hours of hands-on, scenario-based use of force training, including 6-hours of instruction on use of force techniques and at least 6-hours of training on high-risk traffic stops.

Every 5 years:

- Psychology of Domestic Violence

De-escalation Techniques

De-escalation is designed to allow for three things: time, distance and shielding. When those things are not available, de-escalation is not an appropriate strategy.

Taser Policy

[Use of Force Policy](#)

21-foot rule

- The 21-foot rule is a nationally recognized training standard from the Force Science Institute. The 21-foot rule establishes the minimum “safe distance” for an officer facing an individual armed with an edged or blunt weapon. The 21-foot rule is based on evidence that an average person can sprint 21 feet in roughly 1.5 seconds.

Scenario-based training

- The Flossmoor Police Department conducts hands-on, scenario-based use of force training annually, including scenarios in which officers are responding to a domestic disturbance.